

*Inside Our Dream*  



Discover Your Purpose in 4 steps or less!

*Discover Sheets*

# Find Your Purpose

## Step 2: Motivations

Our purpose is a lens through how we see the world, each other and our self. **By identifying the key factors** that sustain our motivations we will gain MASSIVE insights into crafting a lifelong purpose we actually desire! As we balance these relationships our life becomes more harmonious. So let's identify your key motivations now!

### PART 1

#### Passions

- 1) What are your passions? ( *If you don't have any defined passions yet, what interests, hobbies or things fascinate you?* )

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- 2) How does participating in these activities make you feel?

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3) What do you want to explore? (eg. Places, Sounds, Flavors, Experiences Etc)

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PART 2

**Perspective**

1) What do you notice that the people around you don't seem to?

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2) Would others with similar interests benefit from you sharing this with them?

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3) Could you **try** sharing this perspective for a fee (energy exchange)?

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PART 3

## Sharing/Receiving

1) Who do you want to be? (eg. *Imagine if you woke up 5 years from now and you haven't given yourself that. What self do you want to be?*)

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2) What do you want to give to the world? (eg. *Imagine if you woke up 5 years from now and the world hasn't heard of your gift? Do you want to be this self?*)

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PART 4

**Your WHY**

1) What about the world greatly upsets you? ( Also, think about if you could become part of the solution. What would that look like?)

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2) What about the world do you love dearly ? ( Could you help create more of this? Would this benefit your life or others?)

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3) Has anything in your life left a deep imprint/mark ? (good or bad)

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4) Could you change or help change these things for others who have similar experiences?

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5) What specific things could you do? (big, medium or small)

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# Fantastic Work!

Review what you wrote and choose at least one specific point that you want to **IMPLEMENT** (either from the list above or another idea) to bring more purpose and meaning to your life. Write your action step and where and when you'll complete it below.

<b>MY PURPOSE-DRIVEN ACTION STEP:</b>	

**THE EXACT TIME/DATE WHEN I'LL COMPLETE IT:**

<b>DATE:</b>	
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**Other Notes**

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